

Live & Learn Fall Workshops

Soulistry: Artistry of the Soul, Awakening the Creative Spirit

Date

September 8 - 10, 2009

Location

Painter's Lodge in Campbell River (3 hours north of Victoria)

Price

\$189 per person, including two nights accommodation, based on double occupancy.

Skill Level

All skill levels welcome, no previous art experience necessary.

Supplies

Please see attached for basic supply list. Please note that there will be an additional \$6 cost for supplies payable to the instructor.

Workshop Description

Spend two wonderful days creating artistic soul-space within you. Explore the child-within...discover the new art form of zentangling where repetitive patterns create wonderful images...transform 'ordinary' objects of saran wrap, shaving cream, felt markers, etc. into delightful marbled paper...re-connect with that intangible soul-essence of life as your creativity is re-awakened, your playful nature is released, and your spirituality is enriched in new ways.

About your instructor: June Maffin – www.soulistry.com; junemaffin@gmail.com

Soulistry: Artistry of the Soul founder and facilitator June Maffin has a rich background as an educator, published author, Creative Spirituality Artist and more. Nurtured by an abiding awareness of the holy in all aspects of life and a deep conviction that everyone has received the gift of creativity in some way, Dr. Maffin brings her enthusiastic and gentle approach to each session.

About Painter's Lodge

Nestled on the picturesque shores of Discovery Passage, Painter's Lodge is a renowned adventure resort in a spectacular natural setting. Life at the resort centers around outdoor adventures, beautiful gardens, spectacular dining and more.

For reservations or more information, please call 1-800-663-7090.

www.obmg.com/learn

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(Please meet in Salons A –Granny Painter Room)

Tuesday, September 8

- 3:00 pm Resort check in
- 7:00 – 8:30 pm Meet for introductions and Workshop Part I: Creativity & Spirituality Introduction.

Wednesday, September 9

- 9:00 – 11:30 am Workshop Part II: Marbeling Mysteries...making artcards/ envelopes/paper.
- 1:00 – 4:30 pm Workshop Part III: Zentangling...introduction

Thursday, September 10

- 9:00 - 11:30 am Workshop Part IV: Creative Spirituality Journaling more zentangling and marbeling & completion of art projects.
- 12:00 pm Resort check out

Supply List

- Greeting card sized white envelopes
- White cardstock
- Coloured felts/gel pens/pencils – regular or watercolour
- Double sided tape, both the foam kind and regular scotch flat kind
- Small watercolour set in basic colours
- A variety of inexpensive watercolour brushes –pointed, round, flat
- Small water container (plastic yogurt containers work well)
- Small spray bottle, pencil, ruler, eraser, scissors, x-acto knife, gluestick
- Blank journal book – accepts watercolour paint and inks
- Monoline permanent black ink pens – Pigma Microns/Staedtler/Pilot G-Techs in at least two different sizes
- 2-3 quotations or short poems/prose – something you like and can relate to
- Your personal address book along with a list of upcoming birthdays/anniversaries

Optional items (don't go out and buy them, but if you have them, please bring them)

- Bone folder
- Small paper cutter
- Black cardstock
- Watercolour paper, 90 lb.
- Embossing tool
- Light box
- White bond A3 pad paper – 4 8" x 10" minimum
- Self-healing mat

Note: Several supply list items are available at Dollar Stores