

## **Live & Learn Fall Workshop**

### **Beginner's Harp Retreat**

**Date**

September 20 – 22, 2009

**Location**

Painter's Lodge in Campbell River (3 hours north of Victoria)

**Price**

\$199 per person, including two nights accommodation, based on double occupancy.

**Skill Level**

Beginners welcome.

**Equipment**

Bring your harp, (or enquire about a rental with the instructor [marilyn@harpcanada.com](mailto:marilyn@harpcanada.com)), tuner, music stand and a pencil.

**Workshop Description**

Explore the delights of playing the harp for the first time or hone your skills with an inspiring and energetic instructor. Marilyn will lead this harp retreat for complete beginners to those in the intermediate category.

**About your instructor**

Marilyn Rummel [www.marilynrummel.ca](http://www.marilynrummel.ca); [marilyn@harpcanada.com](mailto:marilyn@harpcanada.com)

Marilyn is the author of the Harp Start series of harp method books. She began to play harp about 25 years ago after studying flute and music education, and teaching band and choir in the public school system. She has studied harp with some of the foremost Celtic and lever harpers. She now composes and arranges for the harp, performs and teaches at the Nanaimo Conservatory, Brentwood College and in her own studio in Duncan.

**About Painter's Lodge**

Nestled on the picturesque shores of Discovery Passage, Painter's Lodge is a renowned adventure resort in a spectacular natural setting. Life at the resort centers around outdoor adventures, beautiful gardens, spectacular dining and more.

For reservations or more information, please call 1-800-663-7090.

**[www.obmg.com/learn](http://www.obmg.com/learn)**

## **Live & Learn Fall Workshops**

### **Beginner's Harp Retreat (Please meet in Discovery Room)**

#### **Sunday, September 20**

- 3:00 pm                      Resort check-in.
- 3:00 – 4:00 pm              Introduction for “very beginners”. Harp basics and how to find your way around.
- 4:15 – 5:30 pm              Introduction to Nordic music, scales and chords, lead sheets and ensemble pieces.
- 7:30 – 9:00 pm              Harp circle (if you have a guest at the retreat with other instruments, they are most welcome!)

#### **Monday, September 21**

- 9:30 – 11:30 am            Technique Boot Camp – Exercises that work, and what they help you with in the pieces you play. Exercises for the whole body too. Please wear loose clothing to this class – we may end up lying on the floor.
- 1:00 – 2:00 pm              Reading ensemble music and how to contribute to it at a beginner level, including lead sheet, chord symbol and other tricks.
- 2:30 – 4:30 pm              Playing the ensemble music together .
- 7:30 – 9:00 pm              Harp from the inside out. A lecture/demo guide to the many kinds of harps, history, construction, strings, and what to look for in buying or renting a harp.

#### **Tuesday, September 22**

- 9:30 – 11:30 am            Ensemble and wrap up session. Review of the theory, the tunes and the techniques.
- 11:35 am                      Group photo session.
- 12:00 pm                      Resort checkout.